

# Everything EASTTOWN

EASTTOWN TOWNSHIP NEWSLETTER

WINTER 2023/2024



## History Matters



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# WHAT IS CARPAL TUNNEL SYNDROME?

BY THE PHILADELPHIA HAND TO SHOULDER CENTER PHYSICIANS

Carpal tunnel syndrome is a common condition that causes pain, numbness, and tingling in the hand and arm. The condition occurs when one of the major nerves to the hand, the median nerve, is squeezed or compressed as it travels through the wrist.

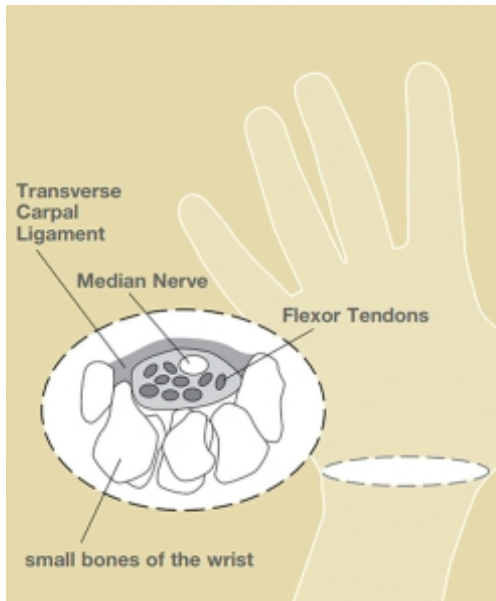
In addition to numbness and tingling, carpal tunnel syndrome can cause swelling, weakness, and night time pain. Patients sometimes describe dropping things unexpectedly and may have difficulty with buttoning shirts, tying shoelaces, or handling loose change.



## What causes carpal tunnel syndrome?

Carpal tunnel syndrome is frequently seen in individuals who develop swelling or inflammation in their hands. People who smoke, as well as those with connective tissue diseases, diabetes mellitus, and hypothyroidism, may be at greater risk. Repetitive work activities can also cause carpal tunnel syndrome.

The median nerve acts as an electrical wire between the spinal cord and the hand. The nerve passes through the carpal tunnel in the wrist along with nine tendons that bend the fingers. When the tendons in the



wrist become swollen and inflamed, the median nerve can become compressed by the transverse carpal ligament (see figure), leading to carpal tunnel symptoms.

Early on, symptoms commonly occur during sleeping hours. In more advanced cases, the symptoms can become problematic during waking hours. Many sufferers describe symptoms with benign activities, like reading the newspaper or driving a car.

## What can a hand surgeon do to help?

A hand surgeon can order special nerve tests to verify the extent of the problem. Custom wrist splints are helpful for early stages of carpal tunnel syndrome. These splints are worn at nighttime to relieve pressure on the median nerve and to prevent the wrists from bending during sleep.

Cortisone injections often provide excellent relief from symptoms. Unfortunately, symptomatic relief is only temporary, and most people experience a recurrence of symptoms after 3-4 months.

For chronic or more advanced cases, carpal tunnel surgery is often recommended as the best course of treatment.

## What can I expect from surgery?

Surgery provides more space for the median nerve and relieves pressure on the median nerve and tendons. This procedure is typically done under light sedation and local anesthesia and usually takes only minutes to complete.

While there are several different approaches to performing carpal tunnel surgery, usually a 1/2 inch incision is made near the wrist and use of a camera to release the tunnel under direct visualization. This minimally invasive approach minimizes discomfort following surgery and allows patients to return to activities more quickly. Over 95 percent of patients improve dramatically following surgical intervention, with most returning to daily activities within days. Many patients can resume heavier job-related activities after 2-4 weeks.

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Please visit our website for the Township Calendar, MapLink (interactive zoning map), Citizens' Reporter, FAQ's and more.

Subscribe to receive news and alerts using 'Notifications' next to the search bar.

We would like to thank all of the local businesses who supported this edition, and ask that you support them as often as you can.

What would you like to see? If you have content suggestions for future editions, email us at [easttown@easttown.org](mailto:easttown@easttown.org).

# TOWNSHIP DIRECTORY



(Standing, L-R) Erik Unger, Michael Wacey  
(Seated, L-R) Betsy Fadem, Beth D'Antonio, Alex Bosco

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# MESSAGE FROM SUPERVISOR MICHAEL WACEY

## Change Is In The Air

As I write this, it is late September and change is in the air. Summer is over and we are starting to experience crisp Fall Evenings. The kids are back in school and the school buses are back on the roads. Pumpkin Spiced Latte is everywhere and Halloween is just around the corner. These are the changes that happen every year at this time.

On the national stage, we will elect a president next year. Locally, we will elect Supervisors, School Board Members, Judges, and other public servants this Fall. We all have a say in these changes. Easttown has some of the highest voter turnout in the County, State, and Country. We take our citizenship responsibilities very seriously. We take an active part in these changes.

Change is a complicated thing. In my other job, I work on implementing large IT Solutions for corporations. This always incorporates change and is often significant change. I have been doing this long enough that I have taken companies through two or more of these types of changes. The experience often follows a common pattern. When we introduce the plan for a new system everyone is excited about the improved functionality over the incumbent solution. When we start the testing with

users, everyone is concerned because they will have to change the way that they do things. When we deploy the new solution there is considerable pushback because, 'That is not how we do things here'. Soon after, the new solution becomes the incumbent solution and any new change is rejected. Change is a complicated thing.

One of the current changes that we are facing in Easttown is related to the Fire and EMS Services provided by Berwyn Fire Company and Paoli Fire Company. The costs to provide Fire Protection and EMS Services are increasing. With each new technology, there is increased cost of the actual technology. But there is also increased cost of maintaining the technology and training the personnel on how to use. The benefit is that lives that were lost just five or ten years ago are now routinely saved. Another increase in cost is the reduction in Volunteer hours. People are just so much busier today and do not have the time to volunteer for Fire and EMS Service. When they do, a substantial amount of their time is spent on training. We all hope that we never need these services but if we do, we want them to be there for us.

Another change in process is the update to the 1993 Recreation, Open Space, and Environmental Resources Plan. The 1993

plan was great but very little was done to implement it. This 2023 plan was undertaken with the consideration of making the plan implementable. Through open meetings, public workshops, and other measures, this new plan has had considerable opportunity for the public to provide input. One message that came through was the Township needs to support active outdoor lifestyles. This could be through parks, sidewalks, bike lanes, trails and other changes. The next step is for the BOS to determine how best to implement some of the most important items.

I like to think about what Easttown will be like fifty years from now. How will it be the same and how will it have changed. No one can know this but I think it is important to consider the possibilities. We can start now to set in motion those changes which will ensure that Easttown is a desirable place to live in fifty years. Some of the changes will still be happening in fifty years (kids will be back in school, will we still have Pumpkin Spiced Latte season?) Other changes will have happened or will be in the process of happening. The one change I do not expect is a reduction in the involvement of Easttown Residents. We all care very much about Easttown and the people who live here. That will not change.

## STREET TREES - BERWYN VILLAGE

In early November, Berwyn Village's Bridge, Berwyn, and Main Avenues will have a slightly different appearance. Easttown Township will have completed a pilot street tree planting program, adding 17 newly planted trees along these Village thoroughfares. The trees were selected in close coordination with the participating property owners to respect each site's unique physical characteristics. All trees will be deciduous (i.e., they drop their leaves each fall), native to the region, and will range from large shade trees (e.g., American elm, scarlet oak), mid-size (e.g., honey locust, black gum) to smaller species such as the Eastern redbud with its incredible spring flowers.

Easttown's tree planting program originated during the summer of 2022, when Bill Hartman, a Berwyn Village resident and landscape architect, approached the Township's Environmental Advisory Council (EAC) to encourage the planting of native trees in the Township, especially in our higher density residential areas. Supervisor Michael Wacey took the idea a step further and recommended that Easttown

should initiate such a program itself. Thus invited, the EAC successfully proposed just that as one of its 2023 budget items. Intent is for the program to be long-term, ongoing, and gradually over a wider area of the Township.

The EAC selected Berwyn Village for its first-year project demonstration area, a location where the project would have a quickly appreciated, immediate and positive visual and ecological impact. This concentration of the new trees in areas of Berwyn heavily trafficked by vehicles and pedestrians will magnify these impacts, along with the planned size of the trees which will generally range from 2 to 2 ½ inches in diameter. Bill and members of the EAC approached potential participants to assess their interest in the program and to secure their permission to plant a tree (or trees!) on their properties. To further assess interest and spread the word, a public information meeting was held at Easttown Library last June. Bill followed-up and worked closely with interested property owners. The eventual result was the seventeen tree planting sites.



Although these trees will be located on private property (vs. public right-of-way), the purpose is to achieve public benefit. Imagine Berwyn Village 30, 50 or 100 years from now, mostly with its same, successfully historically preserved "Victorian Vernacular" buildings. Now, imagine the fore-mentioned American elm, scarlet oaks, and red maples, by then towering over Berwyn's avenues, shading them in summer — or the black gum displaying beautifully colored foliage in a

future autumn. Nearer to 2023, picture the array of flowering redbuds each spring.

Soon, and for many years to come, the trees will provide cooling shade in summer, help remove pollutants from the air, provide food and habitat for birds and be visually pleasing. Most importantly, this is Easttown Township's gift to its children, grandchildren, and future residents yet to come.

### Keep Your Right-of-Way Clear for Safety's Sake

The right-of-way (ROW) is measured from the center of a street. It can extend into your front yard beyond the cartway or paved portion of the street. The community needs this area for utilities and safe operation of the roadway. Most important, this border space provides safety for pedestrians, cyclists, and drivers in emergencies, so it must be kept clear of items such as big rocks, large shrubs, or structures that could interfere with safe operations. Serious accidents and injuries could occur in Easttown if the ROW is not maintained in the proper manner.

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# Recycling Day

## Anything with a Plug™

All residents must pre-register on Eventbrite like below-

<https://www.eventbrite.com/e/electronics-recycling-anything-with-a-plug-tickets-69244521897?aff=oddtcreator>

**December 9, 2023**  
**Wilson Farm Park**  
**500 Lee Road**  
**9:00 a.m. to 12:00 p.m.**

**Tredyffrin And Easttown Townships**  
are proud to offer local residents the opportunity to responsibly recycle obsolete electronics on Saturday, December 9, 2023.

This service is available to all residents and small businesses with fewer than 50 employees.

Electronics will be recycled by eForce Compliance, Philadelphia's first Certified Responsible Recycler. We will accept all electronic devices with a plug, **NO SMOKE DETECTORS or LARGE APPLIANCES,**

**All Data Media Will Be Destroyed or Wiped!**



**\$30 fee per TV or computer monitor,**  
**\$10 fee per microwave, air conditioner, dehumidifier, dorm refrigerator**  
**\$100 fee per wooden console or projection TV**

Coupon of equal or greater value will be provided for all TVs or monitors charged.

### ACCEPTED ITEMS INCLUDE

Laptops • Dehumidifiers  
Peripherals • Computers  
Typewriters • Mice  
Telephones • Small Appliances  
Microwaves • Fax Machines  
Cameras • Keyboards  
Cell Phones • Printers  
Calculators • Air Conditioners



**REPAIR**  
**CAFE** Easttown

**Saturday,**  
**January 20th, 2024**  
**10am-12pm**  
Trinity Church Fellowship Hall

**PRESENTED BY TRINITY PRESBYTERIAN CHURCH & EASTTOWN EAC**

**Have broken items in need of repair?**  
**Bike tubes in need of patching? Shirts in need of mending?**  
**Knives in need of sharpening?**

**Anything broken is welcome for free repairs and the opportunity to meet neighbors and learn a new skill!**

**Questions? Reach out at [repaircafeeasttown@gmail.com](mailto:repaircafeeasttown@gmail.com)**

# KNOWING THE LOCAL HISTORY

## The Devon Golf Course—1894

Often overlooked in local golf history was the Devon Golf Course or also known as the Devon Golf Club. Incorporated in 1894, the same year as the United States Golf Association was organized, the Devon Golf Club earned the notoriety of becoming the first golf club in Pennsylvania and quite possibly in the country—its clubhouse was a part of the Devon Inn. This course was not only the very first golf course in Pennsylvania but also where the first game of golf was introduced and played in 1894 on its links in Devon.



The 1900 Harper's Official Golf Guide listed every golf course in every US state at the time of publication and the Devon Golf Club was included. Although the course hasn't been around for some time to enjoy the early notoriety, the golf club organizers from the Devon Inn can claim fame that they not only introduced golf to Philadelphia and the Main Line but also to the state of Pennsylvania.



Devon's 9-hole course was similar to other early courses along the Main Line that followed. The course was an easy 3-minute walk from the Devon Train Station. It was locally known that the guests staying at the Devon Inn played a round of golf at least once every day and twice on Sundays and paid an annual fee of \$5.

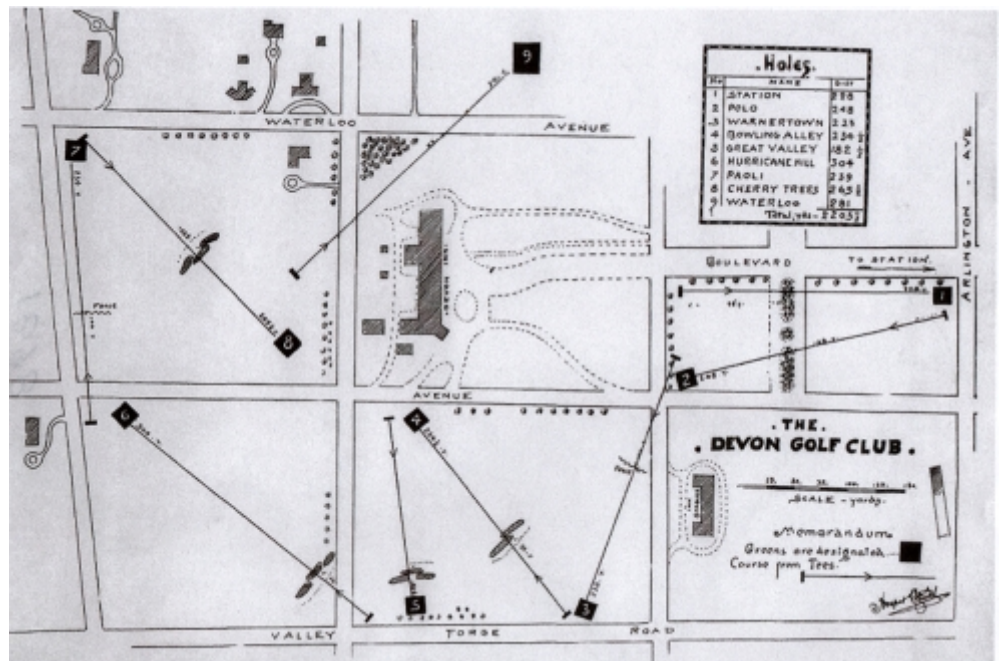
The 1903 Golfer's Record noted the club had no stand-alone clubhouse, yet it was housed in one of the most extensive and costly buildings in the country—The Devon Inn; Its 9-hole course was the first mapped out in the neighborhood (suburbs) of Philadelphia and the first team match ever played around the Quaker City was contested over its well laid out links extending some 40 acres; Some bunkers were artificial others were natural; The course was flanked on all sides by tall lush grass, the presence of which has caused the downfall of many an excellent player from courses not so difficult and soul trying; The Golf Club's colors were red and green.

To have a better idea of the early course location as illustrated by the layout map image, the six closest roads were; Lancaster Avenue (Rt.30) then called Arlington Avenue; Devon Boulevard; Valley Forge Road; Dorset Road then called Dorset Avenue; Sugartown Road then called Devon Avenue; and Waterloo Road then called Waterloo Avenue. Holes one and two closest to Lancaster Avenue were situated across from the Devon Train Station.

It was common at that time to identify the course holes by a particular name. Hole 1 was called Station; Hole 2-Polo; Hole 3-Warnertown; Hole 4-Bowling Alley; Hole 5-Great Valley; Hole 6-Hurricane Hill; Hole 7-Paoli; Hole 8-Cherry Trees; Hole 9-Waterloo...

The popularity of the course waned around 1915 however, records show the Devon Manor School for Girls advertised the school had access to golf links at the time the school was located in Devon (in the old Devon Inn building) in the early 1920s.

At the time of the Golfer's Record article in 1903 there was some talk of the links being abandoned owing to the building encroachments in the neighborhood—yes, there was some truth to the encroachment statement; In 1903 Elizabeth J. Shreve (Sreev) wife of Benjamin Shreve purchased one of the first parcels of land offered for sale on the golf course. The Streves built their country home around 1905 on Devon Avenue (aka Sugartown Road). The 1910 census records indicated Benjamin was an attorney and his source of income was recorded as his "own income."



Credits: Golfer Images and Course Layout Peter C.Trenham, PGA Professional and Golf Historian; 1903 Golfer's Record, Historical Society of PA; The Devon Book, Margaret DePiano

# A Berwyn Farmers Market Q&A

An Interview with Stacey Ballard & Carlo Luciano



## How did the Farmers Market Come About?

**S:** When we were working on the Handel's patio and the plaza, our team thought a Farmers Market would be a cool concept. After talking to a lot of farmers market managers we knew it wasn't something we could do ourselves. At the same time, we had a relationship with Carlo at Culinary Harvest and contacted him about collaborating, which he was enthusiastic about, so we charged ahead!

**C:** From our end, we knew that a pivot needed to be made with Culinary Harvest and its existing online farmers market model. Our curbside pickup formula was extremely popular, but the timing was perfect to make the switch to an outdoor, in-person market. With Stacey being an original Culinary Harvest customer, she had reached out to us early on in the process, and everything aligned perfectly!

## How did you prepare for the Market?

**S:** Our part was easy. Our marketing teams worked together to get the vibe that felt right!! And then there were the sleepless nights when I would think of all the things that could go wrong. I think Carlo and I both had our reservations at times and luckily not at the same time!! Carlo and his team really did the heavy lifting on this project, and I mean, WOW!!!

*"What an amazing outcome! I couldn't be more grateful!"*

**C:** We tapped into our existing network of area producers and farmers that we had used for Culinary Harvest. We also worked on curating new vendors in order to provide a premium shopping experience for Berwyn that hit all the categories from produce to meat to jewelry to art. Working with Stacey's team made the rest of the logistics so easy.

## Were there any bumps in the road during the planning or rollout of the market?

**S:** The township was super supportive of the venture, which really helped!! We had a lot of creative minds working on this, so once we opened, we just had to tweak some issues!! HAHA...kinda like having a baby, and you forget about the pain once they arrive!

**C:** We were very lucky during the planning process. Our reputation and success with Culinary Harvest really helped pave the way when asking vendors to sign on to a first-year market. Having the support of Eadeh was a game-changer in so many ways. The Bronze Plaza is a fantastic space, and we spent a long time working on the layout, which we have improved upon as the market has expanded and we've gotten a better feel for the market foot traffic patterns.



## How has it been working together?

**S:** Without hesitation, I would say FANTASTIC! Truly we could not have asked for a more dedicated partner in this adventure - and I'm pretty certain they think our team is crazy!!

**C:** It's been a dream. I think we both continue to toss in awesome idea after awesome idea, and then both teams hustle to make it come to life.



## How has the community's reaction been to the Farmer's Market?

**S:** Remarkable!!

**C:** Given the feedback from our original Culinary Harvest customers, we knew that it would be a good spot for a farmers market, but I'm not sure any of us was prepared for the outpouring of support and enthusiasm that the community has shown us.

*"We weren't just welcomed with open arms - it was a big Berwyn bear hug, and we are here for it!"*

## In what way has the market added to the community the most?

**S:** Well...it's a Berwyn Thing!! Makes me think a LOT of others.. Love our town even more!

**C:** When Eadeh renovated the plaza, it created a location. Having Handel's new spot there and now the market helped make Berwyn a destination. It's also been one of our primary missions to help local residents connect with their local farmers and producers - supporting local isn't just this vague concept or trendy slogan - it's rooted deep in the fibers of our community and translates into high-quality, nutrient dense, seasonal food that tastes amazing

and a level of agricultural transparency and land stewardship efforts that you just can't find in a commercial grocery store. When you buy lettuce from Wild Fox Farm, you're getting a certified organic and seasonal item that tastes amazing - but you're also helping the farm stay in business, support their families, and continue their regenerative agriculture practices that are environmentally friendly and address the actual health of the soil. It's incredible, and we're clearly very passionate about it!

**What do you both do for your "day jobs"?**

**S:** I oversee the operations of Eadeh Enterprises who is the major sponsor of the Farmers Market. We own, manage and lease a privately held portfolio of real estate that is owned by the Eadeh Family. I'm lucky because they support and encourage our involvement with the community!

**C:** I started my own pizza business years ago, which then morphed into providing other high-quality food to large event venues in the tri-state area. This year I've been expanding into partnerships with local chefs to add even more menu items to the Philly market.



**What does the future of the market look like?**

**S:** More collaboration with local businesses, bigger footprint. Like Carlo said, we just keep coming up with new ideas!!! Tell them about the Christmas weekend!

**C:** For the long-term goals, we're looking to be at the Bronze Plaza for several years, and we're hopeful that we can expand next year a bit further towards Papa Johns, if possible. In the short-term, we've decided to extend the season past October, plus we're cooking up a little holiday artisan market for Saturday, December 2nd! Our regular farmers market will run on Sunday, but Saturday really hones in on our artisan

and craft vendors. It'll be a town-wide Christmas market, with Saint Monica's participating with vendors at their location, strolling carolers, Santa - we're going all out! We're just so grateful to the community for their support of the market and hope to see even more awesome things happen for the town.

**What three hashtags best describe the Farmer's Market?**

**S:** For me, it would be #loveourtown #eatlocal #wehavethemostawesomefarmersmarketinthewholeworld (I could be enthusiastically biased)

**C:** We're loving the #itsaberwynthing #shoplocal #livelocal.



**TIS' THE SEASON!**

HOLIDAY EVENTS THIS DECEMBER:

02

**Holiday Village - 1 pm - 5 pm, The Bronze Plaza**

Have carolers serenade you while finding the perfect gift from a selection of local artisan vendors!

03

**Berwyn Farmers Market - 10 am - 1 pm, The Bronze Plaza**

Exceptional hand picked vendors with seasonal produce, perfect for that holiday recipe! Plus performances from a brass quartet!

03

**Berwyn Tree Lighting - 5:30 pm, Berwyn Train Station**

Enjoy fun festivities such as an Ugly Christmas Sweater contest, appearances from Mr. & Mrs. Claus, hot chocolate and treats, performances from the Betsy Daily Dancers & Footlighters, and of course the ceremonial lighting of the tree! MC by Alyana Gomez, co-anchor for 6abc's recently launched 10am newscast!

# STORMWATER MANAGEMENT

## Do's & Don'ts Of Maintaining The Quality Of Our Watershed

The Township's municipal separate storm sewer system (MS4) is a conveyance system made up of inlets, pipes, swales, and basins that carry stormwater runoff directly to our local waterbodies. The Township is required to submit an MS4 annual report to the PA Department of Environmental Protection by

September 30th of each year. The annual report is available through the Township office for public review. As fall approaches, please do not dispose of yard debris such as grass clippings, fallen leaves, and broken branches in the Township's MS4. This will help reduce the occurrence of clogging or

flooding. Pool water should never be disposed of through a storm sewer. When lowering the water level of the pool, let it drain to your property's lawn at a slow enough rate to prevent it from running off into a roadway, storm drain, or off of your property.



## ZONING UPDATE

### Zoning Ordinance Update for Historic Properties

Easttown Township is over 320 years old. Some of the buildings and structures date back to the mid-1700's. Local development and population growth accelerated in the late 1800's during the Industrial Revolution. The new Pennsylvania Railroad provided access to surrounding areas like Berwyn and built up the largely agrarian landscape. Many of those buildings are still here, but many are very vulnerable. They are a visible link to the people and events that helped shape the Easttown we enjoy today.

Easttown Township's Historical Commission (HC) is chartered by the Township to protect and preserve our historic resources. Recent demolition of structures designated as historic and the resulting new construction led us to seek changes in the Easttown zoning ordinance to better protect historic buildings and structures. Historic preservation ordinances in nearby Townships and across Pennsylvania were reviewed. With the support of the Chester County Planning Department and the Pennsylvania Historical and Museum Commission (PHMC), the HC identified relevant content to strengthen the Easttown zoning ordinance and further protect / preserve the Township's historic resources. The changes adopted by the Board of Supervisors in November of 2022 added design review of new construction in the Village of Berwyn and review of exterior

renovations of historic buildings and structures in all zoning districts. Also included were specific criteria for designation of a structure as historic as well as architectural design guidelines to provide guidance for owners of historic structures.

#### Exterior Renovations

The primary intent of the changes enacted in November, 2022 was to help homeowners maintain or expand their homes in a manner consistent with the original style of their home and enhance the value of their property. Exterior renovations of historic properties include review by the HC when a building permit is required. Typical exterior renovation activities include additions, façade changes, doors, windows, porches. Renovations not requiring a building permit are suggested but not required to be reviewed by the HC.

#### New Construction (Village of Berwyn only)

There have been several large building projects in the Township. It was important to include in the ordinance a review by the HC of new construction designs to maintain the character of the neighborhoods. The intent was for new structures to be consistent in size, scale, and design with neighboring homes and businesses. The HC focus is on architectural style and what is visible from the street. The new ordinance includes design guidelines to help provide direction on building details consistent with the surrounding structures.

#### Our larger mission

In addition to helping preserve historic properties in Easttown, the HC has a

responsibility to educate the public about our local history. The HC is always looking for residents interested in history, architecture, construction, or even simply neighborhood issues to suggest topics that are important to you. Volunteers are welcome to help with research, articles, public presentations, neighborhood outreach, etc. Anyone interested in helping should contact the Director of Planning and Zoning.

**Note:** The HC is available to homeowners planning an exterior renovation project. Homeowners who discussed their renovations before submitting their application have told us it helped their decision-making and generally saved them time and money. We invite all residents and business owners of historic properties to discuss their needs and plans early in the planning stages.





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## WOMEN'S HEART INITIATIVE AT LANKENAU HEART INSTITUTE

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A cardiac event, intervention or surgery can be an overwhelming experience. Our virtual Heart-to-Heart Conversations support group provides education, emotional support and encouragement for women facing a heart health journey. These virtual meetings are free of charge and are open to all women—regardless of where you are receiving care. Take the first step by attending a meeting and learn from a dynamic group of women facing similar situations. To register, please email [mlhwomensheart@mlhs.org](mailto:mlhwomensheart@mlhs.org).

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[mainlinehealth.org/whi](https://mainlinehealth.org/whi)

# FRAUD PREVENTION FOR KIDS

## 4 Tips for Talking to your Kids and Grandkids about Fraud

Scan risk is growing for your young adult children or teen grandchildren—and they trust you to help. By Sari Harrar

Young people, like your teenage grandkids or young adult children, are increasingly the targets of digital scams, according to the FBI and researchers.

When asked whom they trust most, those same teens and 20-somethings say their parents and grandparents. So in this case, take the bait: Be their guide through the treacherous landscape of modern fraud. “Kids will say things to grandparents they won't say to a parent,” says Lisa Plaggemier, executive director of the nonprofit National Cybersecurity Alliance (NCA). “You can take advantage of that special relationship and have a much more open conversation.”

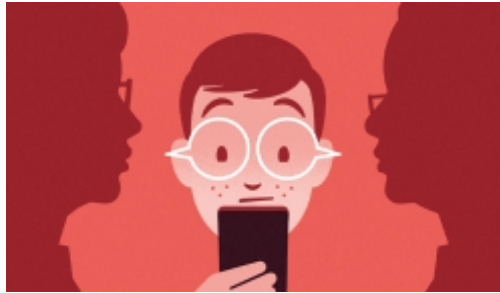
That help is urgently needed.

A September 2022 NCA report found that 18% of Generation Z'ers (ages 18 to 25) have had their identity stolen at least once, 34% lost money and/or data to phishing scams, and 15% were caught up in romance scams far higher than rates for older adults in the survey.

The FBI received 14,919 cyberscam reports from people 19 and younger in 2021, with losses of \$101.4 million. In a separate report from the fraud-prevention company Seon, cases of online fraud affecting people under 20 increased by as much as 116% from 2019 to 2020.

Though the young fall prey to many of the same scams as older people, they increasingly are targeted with pitches customized to their generation. One example: criminals offering to help young people become online “influencers.” Most troubling of all is that sextortion scams—in which criminals solicit explicit photos from young people, then blackmail them—are on the rise, the FBI warns.

Sextortion “can start on any gaming app, website or social media platform,” says Amy Nofziger, AARP director of fraud victim support. “I want parents and older adults to



say to the young people in their lives: 'If you ever hear anyone struggling with this, talk to somebody.'”

Young people are vulnerable because so much of their daily life happens online, says Stephen Balkam, founder and CEO of the Family Online Safety Institute (FOSI). Young people “are far more likely to be on the receiving end of peer pressure to be online—not just consuming content but creating and producing,” he says. That means “there are a lot more opportunities for scammers.”

This is where parents and grandparents are so important, Balkam notes. In a 2021 survey by FOSI, 70% of teens and young adults said that parents were their most-used resource for online safety information. But when a teen thinks that he or she did something wrong or embarrassing, going to parents can be hard—which makes the role of other family members crucial. “We have countless anecdotal evidence that it's grandparents... alerting parents that something is going on, on a social media site,” Balkam adds. “Oftentimes it's easier for kids to talk with another adult in the family.”

Here's how you could help younger family members.

**1. Start the conversation.** Let them know you're ready to listen. “We're the adults in this situation. We have to bring it up,” Nofziger says. “If we don't, we're part of the problem.” Mention a scam you've heard about in the news and ask if they're hearing about it at school or from their friends, she suggests. “Ask what they would do if they were the victim of a scam. Who would they talk to?”

**2. Don't judge.** Tell them they can come to you no matter what's happening and you will be open and nonjudgmental and not be angry. If and when they do come to you with a problem, “lead with: 'Thank you for telling me. Let's figure this out together,’” Nofziger says. “Save your shock and anger for a private space with yourself.” Plaggemier agrees. “If you want them to keep telling you things, it's best not to overreact. Keep being positive and affirming.”

**3. Share social media and online stay-safe tips.** Talking about identity theft? Suggest that they not give out their birthdate, a home address or other seemingly innocuous information on social media because scammers might use it to apply for credit cards. Remind them to “think before they click” on links in emails, tweets, texts, social media messages and online ads, the NCA recommends. Talking about the perils of fake shopping websites? Explain that scammers frequently set up online stores that look like those of legit retailers, Nofziger says. Coach them on how to sleuth. Should they come across an unfamiliar online store, doing a web search for its name, and including the terms “scan” or “fraud,” might reveal shocking truths or complaints.

**4. Show interest in their digital devices.** Ask to see the new apps they're excited about—and after being appropriately impressed, ask them about privacy and security settings, Plaggemier recommends. These include choosing multifactor authentication, making friend lists private, turning off location sharing and being sure not to geotag photos. “Safety has to be part of the conversation, with every new app and also whenever an app or social media site does an update. Because that can affect privacy settings. If your child or grandchild doesn't know how to change the privacy settings, you can configure it together.”

*Sari Harrar is an award-winning reporter and contributing editor to AARP publications who writes on health, public policy and other topics.*

<https://www.aarp.org/money/scams-fraud/info-2022/talking-to-kids-grandkids.html#:~:text=Start%20the%20conversation%20about%20fraud&text=We%20have%20to%20bring%20it,%EF%BB%BF%20victim%20of%20a%20scam.>

## ZIPLINE AT JOHNSON PARK



## Check out the new upgrade to Johnson Park

Thanks to the efforts of the Parks and Recreation Board and Township Staff, a zipline playground feature was recently been installed at Johnson Park. The zipline proves to be a popular addition!



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# LIBRARY NEWS

## New Service! Wireless Printing

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## A Wealth of Knowledge: Exploring the Resources in the PA Power Library

The PA Power Library is a valuable resource that provides a wide array of information, research materials, and e-books to residents of Pennsylvania who have library cards. This digital library is a treasure trove, offering access to a vast collection of electronic resources on genealogy, auto repair, health information, news, and general research. Power Kids, the children's section of the Power Library, contains BookFlix, where you can watch educational videos paired with eBooks, and Britannica School, which is a great starting place for all of your school research.

Access Power Library from our website at [www.easttownlibrary.org](http://www.easttownlibrary.org) and click on "Research Databases." To get started, be sure to have your PA library card number handy. If you aren't sure of your library card number or have questions, stop by or call Easttown Library. We are here to help you!

## Easttown Library Adult Events

Registration is required for most adult events. Visit [www.easttownlibrary.org](http://www.easttownlibrary.org) and click on "Events" to register.

### Tai Chi 24, Part 2 (on Zoom)

**Tuesdays, November 7th - December 12th, 1 pm**  
Based on Dr. Paul Lam's teachings, Tai Chi 24 forms are widely practiced world wide and are for anyone interested in good health, better balance, strong bones, and stress reduction. This 6-part class series, taught by Liz Wanner, will include an overview of TC24 Part 1.

### One-on-one Medicare Assistance

**Saturday, November 18th between 10 am - 4 pm**  
Call 610-344-5234 for an appointment with a PA MEDI health insurance counselor.

### 12 Flutes Holiday Concert

**Tuesday, December 12th, 6:30 pm**  
Join us for holiday favorites, classical, and world music performed by Pamela Whitman on her collection of flutes from around the world.



### Red Cross Blood Drive

**Thursday, December 14th, 1 - 6 pm**

## Easttown Library - Youth Services Events

**STEAM SATURDAY (grades 4-8) @ 10:30 am-1:00 pm**

**Saturday, November 18, 2023**

### Hummingbird Kit and Animation Video Game Characters

Using Hummingbird kits for coding, the children will engage in a hands-on experience which enables them to integrate robotics and electronics into their programming projects. This program will foster both technical and creative skills.

## Augmented Reality with Keynote

**Saturday, December 16, 2023**

Using Keynote, children will create assets to seamlessly blend digital elements and interactive experiences with the real world using intuitive and user-friendly visual interface.

## L'haure du conteen francais (French Storytime) ages 3-6

**Wednesday, November 8 and December 6, 2023**

**10:00-10:30 am**

Join Madame Sarah Carroll from Main Line French Tutor to hear stories and learn songs in French

## Yoga Buddies (Ages 3-6)

**Wednesday, November 1, 29 and December 13, 2023**

**11:00-11:45 am**

Join Ms. Lisa Schwarcz from Homebody Therapy and Wellness as she guides you and your child through breathing techniques and yoga poses while she reads various stories.

## Girls Who Code Club (Grades 3-5)

**Tuesday, November 14, 28 and December 12, 2023**

**5:00-6:00 pm**

The National Girls Who Code Initiative encourages young women and others to consider STEAM careers. Participants will begin building coding skills in various languages and build a community of friends as they work on coding projects. This program runs until June 2024.

## Friends of Easttown Library Events

### Holiday Raffle Baskets

December 2023

### Book Sale

February 1-4, 2024

### Valentine Tea

February 3, 2024

### Art Show & Sale

May 2024



## News from the Easttown Library Foundation

### Honor a Special Person This Holiday Season

Easttown Library is an integral part of the community. Thanks to the generosity of our supporters, the library has been able to be a vibrant community center for information, literacy, creativity, and discovery. This holiday season, we invite you to make an Annual Fund gift that carries a special meaning. Consider a contribution in honor of someone who has made a difference in your life, turning your donation into a heartwarming holiday gift. You will know your gift will be helping countless members of our community to connect, learn, and grow. What a wonderful tribute and unique holiday gesture! Please visit [easttownlibrary.org](http://easttownlibrary.org) for more information.

### Christopher D. Polites Named 2023 Library Champion

Easttown Library Foundation celebrated Easttown Library supporters at its annual Donor Appreciation Reception at Easttown Library on November 10, 2023. At the Reception, Christopher D. Polites was honored as the 2023 Library Champion for his longtime support, service, and continued advocacy of the library. For 12 years, Christopher Polites was an Easttown Township Supervisor, serving most of his tenure as the Liaison to the Easttown Library. He was instrumental in securing increased library funding at the municipal level to enable Easttown Library to meet the growing demand for library services. Chris and his wife, Kathy, have been loyal Annual Fund donors, as well as early proponents of establishing an endowment fund to secure the future of the library. They have been Easttown Township residents since 1990 and raised four children, all of whom are graduates of Conestoga High School in Berwyn.

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**\$95.00**  
**Cabin Filter & Deodorizing Service**  
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# HISTORY MATTERS

## The Strange Story Of Anthony Wayne's Graves



Easttown is fortunate to have preserved Historic Waynesborough, birthplace and home of Major General "Mad" Anthony Wayne. He was a dedicated, courageous Revolutionary War officer, but the macabre story of what happened to his earthly remains has overshadowed his war exploits.

In late 1796, 51 years old and burdened with gout and war injuries, Wayne lay dying at Fort Presque Isle, now site of the city of Erie. On December 15th he died and was interred according to his wishes, at the base of the garrison's flagpole. This portrait dates from about the time of his death.

There the general rested for 13 years until the summer of 1809. That year his son, Isaac Wayne, at the behest of his sister, traveled from Waynesborough to his burial site. Isaac wanted to disinter his father and rebury him in the family plot at St David's Churchyard in Radnor. Expecting to find only a skeleton when the grave was opened, those present were greatly surprised to find a well-preserved corpse, the only decomposition being the lower leg which had been afflicted with gout.

How to move a fleshed corpse by horse and cart 380 miles over primitive roads in summer, roughly along the route of US 322, a journey that would take several weeks?

Surely decomposition would begin. Isaac called for Dr. John Wallace, the same physician Wayne had requested to attend him. A decision was made to render the corpse to remove the flesh from bone so the clean skeleton could be transported. Wayne's clothing was cut away as was his ponytail. Then Dr. Wallace dismembered the corpse. The pieces were put into a large cauldron of boiling water. After the flesh sloughed off, the bones were cleaned and put into an ossuary box for travel back to Easttown. The remaining parts of Anthony Wayne along with the dismembering implements were put back in the coffin and reinterred in the original grave. The bones were buried, as the family wanted, in St. David's Churchyard. The marker is shown nearby.

By 1853 the long abandoned fort was leveled. The location of the grave was lost until 1878 during construction of the Pennsylvania Soldiers and Sailors Home. Again his coffin was dug up. This time little but the lid and dissection tools remained. A replica of the original blockhouse was constructed on the spot in 1880 and once again what little remained of Anthony Wayne was buried in a tomb inside. The blockhouse (shown here) and grave can be visited on the grounds of the Soldiers and Sailors Home near the waterfront in Erie.

The general's wife preceded him in death by several years. When he died, his life and death information were engraved onto her tombstone. Therefore he has three grave markers for two graves. However, not ALL of him rests in a grave; this photograph shows his ponytail as displayed in a glass case at Historic Waynesborough.



Maybe even that's not all. There is a legend that some bones were lost on the trip from Erie, and that every January 1, Wayne's birthday, his ghost and that of his horse Nancy ride between Radnor and Erie looking for his lost bones.



Sources:  
Friends of Historic Waynesborough.  
Special thanks to Eric Williams and Michelle Bradley.  
<https://www.AmericanRevolution.org/wayne.php>, accessed 08/28/2023.  
Erie Co. Historical Society, Hagen History Center,  
<https://www.eriehistory.org/blog/a-halloween-story-the-death-of-anthony-wayne>, accessed 08/28/2023.

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# HOLIDAY SAFETY TIPS FROM YOUR NEIGHBORHOOD WATCH

## HOLIDAY TIPS

Use common sense this holiday season and avoid becoming a crime victim.



**Spam Scans:** During the holidays, fake deals “appear” on the internet. Beware of emails promising unbeatable deals on all types of items. If it seems too good to be true, it probably is! Delete unsolicited emails and don’t fall prey to scammers and the “deals” they offer.

**Name a Star or Planet:** Only the International Astronomical Union (IAU) names stars, and the stars are not for sale. Any organization that claims they can name a star for your “hard to buy for” person is not legitimate. Try a gift card to a local merchant, restaurant or mall instead.

**Phony Charities:** All types of charities pop up during the holiday season. In the US, most charities must file a Form 990, which indicates how much the group spent on programs, administration and fundraising activities. When in doubt, ask for a copy of Form 990. Do not settle for a tax ID number either, this can be issued to any business and doesn’t necessarily indicate a legitimate charity.

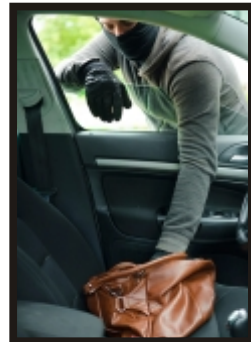
**Online Auctions:** Thousands of people list items for sale online. You take a leap of faith when you purchase from online auctions. Selecting sellers with high rates of positive feedback is one way to avoid being ripped off and paying with a form of payment that can be cancelled should the item not be shipped out is another. Use common sense during the holidays when purchasing from an unknown person over the web.

**Destructive Emails:** Avoid getting a computer virus during the holidays (or year round) by resisting the urge to download those cute ring tones and e-greetings. While most are probably harmless, some could contain potentially damaging computer viruses.

**Pickpockets:** The least “high tech” scam is picking your pocket or stealing a wallet/purse. Be aware of your surroundings; keep your wallet in a front pocket and keep your purse zipped up (with the zipper pull in front!)

## Shopping Safety:

Keep your purchases in the trunk, not on the back seat, so thieves don’t target your car. Do not leave your purse, wallet, or any valuable item in the car in plain view. Lock items in your trunk. Do not walk away from your shopping cart in a store and leave your purse in the child seat—easy mark for a thief! Keep track of your credit cards and check your account for activity during the holidays—thieves can get your credit card number with scanners and make a duplicate to use for fraudulent purchases. Do not advertise when you’re going on a vacation during the holidays—and let a neighbor and the local police know you’ll be away.



## Happy Holidays!

From your Easttown Township Neighborhood Watch Association

**EASTTOWN TOWNSHIP NEIGHBORHOOD WATCH**  
P.O. BOX 620  
DEVON, PA 19333



# POLICE DEPARTMENT WINTER DRIVING TIPS

Winter is right around the corner, and we want to be sure our residents are prepared for winter weather driving. If severe weather is in the forecast, try to avoid being out and about. If you must travel during severe winter weather, we have some tips below:

- Listen to weather and travel advisories, but if you don't have to travel in bad weather, don't.
- Keep your gas tank at least half full.
- Slow down and increase following distance.
- Avoid sudden stops and starts.
- Beware of roads that may look wet, but are actually frozen, often referred to as “black ice.”
- Use extra caution on bridges and ramps, where ice can often form without warning.
- Carry a cellphone.
- Do not use cruise control while driving on snow-covered roads.
- State law requires you to turn on your headlights when your wipers are on.
- Use your low beams in particularly bad weather, especially in cases of heavy or blowing snow.

- Remove ice and snow from windows, mirrors, and all vehicle lights before you drive and as often as needed.
- Remove snow and ice from the hood and roof of your vehicle. State law states that if snow or ice from your vehicle strikes a vehicle or person and causes death or injury, you can be ticketed.
- Do not park or abandon your vehicle on snow emergency routes.
- Do not pass or get between trucks plowing in a plow line (several trucks plowing side by side).
- Make sure someone else knows where you are going and when you expect to arrive. In case you run into an emergency and need help, someone will know where to look for you.
- Do not drink and drive, and always wear your seat belt.



# RESIDENT RECEIVES AWARD

The Rotary Club of the Upper Main Line presented Easttown resident Anna Sicalides the Hometown Hero Award for her work on the Historical Commission.



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# Easttown



Sustainability in Action

## YARD WASTE COLLECTION CALENDAR\*

\*FULL COLLECTION CALENDAR AVAILABLE ON THE WEBSITE OR BY CALLING THE TOWNSHIP.

Yard Waste Zones 1 & 3

Yard Waste Zones 2 & 4

Holiday - No Collection

Alternate recycling/trash collection due to a holiday

DECEMBER 2023							JANUARY 2024							FEBRUARY 2024							MARCH 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6					1	2	3						1	2
3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10	3	4	5	6	7	8	9
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17	10	11	12	13	14	15	16
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24	17	18	19	20	21	22	23
24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29			24	25	26	27	28	29	30
31																			31								

**EASTTOWN SERVICE ZONES & DAYS** \* 1 - Recycling & Trash - Monday 3 - Recycling & Trash - Thursday Rear Yard Trash - Monday  
 2 - Recycling & Trash - Tuesday 4 - Recycling & Trash - Friday Rear Yard Recycling - Tuesday & Wednesday

## Preparation of Yard Waste Materials for Collection

- Collection occurs once a month January - September and twice a month October - December.
- Yard waste must be placed into manageable bundles and tied with string, or may be put in an open-end trash can, as long as limbs are not protruding above the can. Limbs that are loose on the ground will not be picked up.
- Limbs and branches must not exceed 6 feet in length and 4 inches in diameter.
- Grass clippings are considered trash, not yard waste.
- While there is NO LIMIT to the number of bagged leaves/yard waste collected, there is a max weight of 300 lbs. of brush and/or bagged leaves/yard waste from a single residence.
- Leaves/yard waste must be in biodegradable paper bags or open-ended trash cans. Leaves/yard waste in plastic bags will NOT be collected.
- REAR-YARD CUSTOMERS:** yard waste must be placed at the curb for collection — check with the Easttown Township solid waste collection schedule to determine the service zone.



**CHRISTMAS TREE COLLECTION**

Christmas trees will be collected during January collection.

**LIVE TREES ONLY!**  
All decorations, lights & stands must be removed.

Zones 1 and 3 have collection on Wednesday, January 10, and Zones 2 and 4 have collection on Wednesday, January 17.

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